

The Smile Times™

The official newsletter of Diamond Dental Service

Vol. 2022-1

754 S. Rand Rd., Lake Zurich, IL (847) 550-3135



FEB. IS NATIONAL CHILDREN'S DENTAL HEALTH MONTH

National Children's Dental Health Month began as a one-day event in 1941 and has since grown to a nationwide, full-month event each year to raise awareness of how important it is for children to develop good oral health habits at a young age in order to enjoy a lifetime of healthy smiles and strong teeth. The theme for 2022 is "Sealants Make Sense" and the goal is to educate parents on how important it is to get dental sealants on every child's molars as early as possible in their young lives.

In celebration of National Children's Dental Health Month, Dr. Lombardo and her team invite all children ages 12 and under to receive a comprehensive examination, x-rays, cleaning and fluoride at Diamond Dental Service for only \$79. During their visit, children will also be shown the proper way to brush their teeth, will be taught proper flossing techniques, and will learn the importance of good oral hygiene. At the end of their visit, children under 12 will be invited to participate in our children's art contest with a chance to win a Philips Sonicare Kids' Electric Toothbrush! This limited-time \$79 offer expires 3/30/22 and cannot be combined with dental insurance.



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SEALANTS ARE A REAL DENTAL SUPERHERO



The American Dental Association sponsors National Children's Dental Health Month every February to raise awareness about the importance of good oral health in children. The theme for 2022 is "Sealants Make Sense."

Dental sealants truly are the superhero of children's teeth.

They are a thin coating which is applied to the chewing surfaces of back teeth (molars) to keep food and bacteria from becoming trapped. Dental sealants are incredibly effective, preventing nearly 80% of cavities in the back teeth, where 9 out of 10 cavities occur. In fact, a recent study from the Centers for Disease Control reveals that children without sealants are almost three times more likely to suffer from cavities versus their peers who have dental sealants, once again proving their real superhero power.

Sealants are a quick, painless process which can be performed after a regular dental cleaning. Dental sealants can be applied right after a child's first molars come in around age 6 and on their second molars around age 12. Sealing these molars as soon as they come through can help keep them cavity-free from the start and will help save time and money long-term. Sealants often last for years before they need to be replaced, and the condition of dental sealants is evaluated during regular dental visits.

REDUCE DENTAL APPOINTMENT STRESS WITH NITROUS SEDATION

For millions of Americans, a trip to the dentist can be very stressful. Fortunately, nitrous oxide gas is a safe and highly effective means of managing anxiety and discomfort in the dental setting. Nitrous oxide makes patients feel very relaxed prior to and during their treatment,



and the effects wear off quickly once the gas is turned off so that patients may go about their day. Nitrous oxide gas has been used for more than 150 years in the dental setting and is considered highly effective and very safe. For more information or to add nitrous oxide sedation to your next dental appointment, visit LZdentist.com today, or call 847-550-3135.

THE DOCTOR'S CORNER



Alma Lombardo, DDS
Founder of Diamond
Dental Service

It's a new year, and a perfect time for me to say a heartfelt thank you to many people in my life. First, I want to thank my amazing team for making Diamond Dental Service such a wonderful place to spend my days. Over the past 18 months there have been a lot of amazing changes at our practice. We have added some amazingly talented people to our team and our patients are really getting to know and enjoy their friendliness, extensive training and professionalism. Thanks to my amazing team, we were named a Nextdoor.com Neighborhood Favorite for the first of hopefully many years to come. We've also maintained an incredible 5-Star rating on Google, and that's just the start! We're constantly investing our time and energy into advanced training and new technologies to continue delivering exceptional service to all our patients - Which leads me to my biggest thank-you of all: to my wonderful patients. Nothing makes me happier than when we can help a patient feel better, whether it is regaining tooth function or improving their appearance. Seeing the look on someone's face when we replace a missing tooth so they can finally eat again without pain, or when we whiten their teeth and they see their new smile...no matter what it is, it makes me and my team feel great to know that we were a part of their journey to a healthier and happier self. Finally, I want to thank my family for their never-ending support of my long days at the office and for understanding the importance of what we are doing here for our patients. Happy new year everyone!



Take a Virtual Tour!
www.LZdentist.com



ABOUT DIAMOND DENTAL SERVICE

Diamond Dental Service is a full-service cosmetic and family dental studio conveniently located between Costco and Walmart in Lake Zurich, IL at 754 S. Rand Rd. The office prides itself on having the latest and most advanced technology to ensure the highest level of patient care and safety. All of Diamond Dental's team members regularly participate in professional training and continuing dental education programs to stay at the forefront of modern dental procedures and patient satisfaction. We invite you to visit us!

FEATURED SERVICES:

- General family dentistry
- Invisalign
- Implants, Crowns and Bridges
- Dentures
- Zoom Teeth Whitening
- Veneers
- Root Canals and Extractions
- Emergency Treatment
- Sleep Apnea Treatment
- TMJ Disorders
- Night Guards and Sports Guards
- Periodontal Treatment
- Botox, Juvederm, Xeomin, and Restylane

IN-NETWORK PROVIDER:



Don't see yours? Just ask!

ADD AAFE DENTIST TO YOUR BEAUTY REGIMEN



MEMBER

The American Academy of Facial Estheticians is a select group of healthcare professionals who are dedicated to delivering the highest level of facial esthetics for their patients. Membership involves advanced training in Botox, dermal fillers and other esthetic services. Dentist members of the AAFE take this advanced training one step further by integrating their specialized knowledge of cosmetic dental services such as Invisalign, veneers, implants and professional teeth whitening to deliver incredible results. Dr. Alma Lombardo of Diamond Dental Service is a Member of the AAFE and offers a wide variety of cosmetic services in her Lake Zurich, Illinois dental studio.



PATIENT APPRECIATION CONTEST WINNERS 2021



CONGRATULATIONS!!!

Every 3 months, Dr. Lombardo and her team at Diamond Dental Service in Lake Zurich, IL announce the winner of the office's quarterly Patient Appreciation Contest. In 2021, four patients won incredible prizes including a stainless steel grill, an iPad, an Apple Watch, and a huge 65-inch HDTV! The Patient Appreciation Contest is part of Diamond Dental Service's Diamond Rewards VIP Program which rewards patients for keeping up with their oral healthcare and for supporting the



goal of Diamond Dental Service to be the Barrington and Lake Zurich community's premier cosmetic and family dental studio. Be sure to like and follow Diamond Dental Service's Facebook page for updates on 2022's incredible prizes.

DIAMOND DENTAL NAMED A 2021 NEXTDOOR.COM NEIGHBORHOOD FAVORITE

Diamond Dental Service is proud to announce that it was named a 2021 Neighborhood Favorite on the popular website

Nextdoor.com where community members come together to share information and important news with their community. One of the best features of Nextdoor.com is the ability for local residents to share honest reviews about local businesses with their neighbors. Dr. Lombardo and her team at Diamond Dental Service feel truly honored

to be named as a 2021 Neighborhood Favorite by their local patients, and they pledge to continue doing their best to make each and every visit to Diamond Dental Service amazing.



HEADACHES? JAW PAIN? TROUBLE SLEEPING?

YOU MAY BE SUFFERING FROM BRUXISM.

Did you ever have a dream that your jaw was hurting but you could not open your mouth? Did you ever wake up in the middle of the night with severe jaw pain? Do you catch yourself clenching or grinding your teeth during the day? If you answer "yes" to any of these questions, you are likely suffering from bruxism.

Bruxism is a habitual, involuntary grinding or clenching of the teeth, often (but not always) during sleep. Bruxism can be caused by stress or anxiety, certain medications, and other things. Bruxism historically affected around 10% of the population, but evidence suggests that pandemic-related stress has significantly increased the incidence of bruxism in society.

Bruxism can cause a number of health problems, such as severe headaches, mild to severe jaw pain, a significant reduction in quality sleep, as well as chips, cracks and fractures in the teeth. Fortunately, a custom-made night guard from your dentist can reduce or eliminate pain, promote much better sleep, and prevent further damage to the teeth.



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ASK THE DOCTOR:

What really happens if I rarely visit the dentist or wait for something to hurt before going?

Have you ever cleaned behind the fridge, or maybe vacuumed under that heavy couch that hasn't been moved in years? For many people, it's something only rarely done, maybe not until something breaks or gets lost.

So too, some people are inclined to visit the dentist only rarely, or not until something starts bothering them.

But what's the worst that can happen when you don't clean behind the fridge or under the couch? Probably not permanent structural damage to your house. But that's not the same with your teeth!

The truth is, even one trip to the dentist a year is not enough. In that time, plaque starts building up on teeth and under the gum line where it can't be seen. Swelling at the gum line (gingivitis) comes first. Untreated, this leads to periodontitis which damages the soft tissue and weakens the bone that holds the teeth firmly in place.

Also, easily-fixed, small and painless cavities will grow and lead to pain, possibly the need for a root canal, and maybe even a crown. Worse, that tooth might become non-restorable and will need to be extracted.

And what to do after an extraction? You shouldn't leave an empty space, because the other teeth will start to move, loosen, and even affect your bite and cause damage to other areas.

It's far less expensive and much less painful to see the dentist regularly. No matter how long it's been, make a dental appointment today.



2 DIAMONDCARE PLANS NOW AVAILABLE FOR THOSE WITH NO DENTAL INSURANCE

It is estimated that over 74 million Americans do not have dental insurance. The lack of dental insurance, and the fear that dental treatment will be very expensive, causes many individuals to avoid the dentist altogether, or to visit only when something hurts. Skipping regular dental visits, however, increases the risk of Heart Disease, Clogged Arteries, Stroke, Kidney Disease, Bad Breath, Brown or Yellow Teeth, Periodontal Disease, Tooth Loss, Oral Cancer, Pneumonia, and other serious health problems. It is far less expensive and less painful to see the dentist regularly and preserve natural teeth versus waiting until something hurts and much more serious (and more costly) treatment is needed.

Dr. Lombardo of Diamond Dental Service in Lake Zurich, IL strongly believes that everyone should have access to affordable, quality dental care, so she created the DiamondCare Plan for her uninsured patients. For a small annual fee, all DiamondCare members receive dental cleanings and exams, x-rays, fluoride treatment, oral cancer screenings, emergency exams, a digital intra-oral scan, and much more. Plus, DiamondCare members receive major discounts on almost all other treatments in her office. And due to popular demand, Dr. Lombardo has unveiled a new DiamondCare Plan option for patients who need periodontal treatment, saving them even more than ever on the care they need to keep their natural teeth and avoid more costly and painful treatment down the line. Make an appointment today at LZdentist.com or call 847-550-3135.



NO DENTAL INSURANCE? NO PROBLEM!



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WORK-FRIENDLY HOURS:

MONDAY 7AM-4PM
TUESDAY 11AM-7PM
WEDNESDAY 7AM-4PM
THURSDAY 11AM-7PM
SATURDAY 9AM-2PM

Call or Schedule Online Today!